



CAPABILITIES STATEMENT

**Cabral Enterprises, LLC D/B/A
The DeClutter Coach and
DC Efficiency Consulting**
23 Oxford Road New Hartford, NY 13413
(315) 794-9495

Deborah J Cabral, Founder and President
Productivity & Efficiency Trainer & Consultant
Certified Professional Organizer

Regions served:

Primary: throughout New York
state and the northeast
Available: throughout the USA

LinkedIn Profile: deborahcabral

NAICS code: 611430

NIGP codes: 812990, 91582, 91580, 91888,
91883, 92435, 92441, 96161

Duns D & B # 031770359

Staff size: Highly trained staff of 6

Certifications:

2012 - Certified Professional Organizer (CPO)



Representative Clients:

- | | |
|------------------------|--------------------------------|
| Chobani | City of Utica |
| Bank of NY Melon | Morgan Stanley Smith Barney |
| Becton Dickinson | Barney |
| NY Power Authority | Fust Charles Chambers |
| State University of NY | CXtec/Terricai |
| Onondaga County | Syracuse Orthopedic Associates |
| The Hartford | |

BUSINESS SUMMARY

Cabral Enterprises, LLC D/B/A The DeClutter Coach and DC Efficiency Consulting was established in 2010 and offers effective, results driven training, coaching and consulting to businesses large and small, state and government agencies, colleges and universities and non profit organizations.

GOALS/OUTCOMES

DC Efficiency Consulting - To provide individuals and teams with the necessary skills and motivation to be efficient and effective in their professional lives.

The DeClutter Coach - To provide individuals and families with the necessary skills and motivation to lead organized and happy personal lives with less stress.

OBJECTIVES

- Increase team and individual efficiency and productivity
- Improve team and individual work performance
- Reduce stress for work teams and individuals
- Leadership and staff professional development
- Improve employee moral

CORE COMPETENCIES

- Customized, effective training that produces positive results.
- Lively and energetic training sessions that keep employees engaged and motivated.
- Highly effective individual and/or team coaching
- Team Building training and coaching
- Motivational Speaking for leadership and staff development
- Office DeClutter Days - fun and effective workshop with a hands on component to banish office clutter & disorganization
- Workflow analysis - is your team as productive as it could be? Let us help you find out and if necessary provide effective solutions.
- File and office organization

DIFFERENTIATORS- EXPERTISE

- Our coaching sets us apart from most training companies. Coaching is an integral part of our training to ensure individuals implement what they learn during training sessions and incorporate this new knowledge into their work flow and work environment.
- Deborah has 20+ years of experience in training, coaching, leadership and project management.
- Deborah is an award winning entrepreneur:
 - 2012 - SBA Excellence in Small Business Award
 - 2013 -Key for Women Achieve Award from Key Bank
 - 2016 -NYS Women Inc- Entrepreneur of the Year Award
 - 2016 -YWCA Salute to Outstanding Women Award in Business & Industry
 - 2016 -Finalist- SBA Small Business Person of the Year
 - 2017 - Distinguished Entrepreneur Award - Syracuse University Whitman School of Management and WISE Women's Business Center
- Many very satisfied customers. View website for testimonials
- Published author of *DeClutter Your Life NOW!* A motivational guide to tackle the clutter in all aspects of your life!